

1983 Region 7AA Boys Championship at Grand Rapids on Saturday, June 4th

Teams: Chisago Lakes 82, Hibbing 82, Duluth East 61, International Falls 52, Proctor 51, St Francis 36, Duluth Denfeld-Morgan Park 32, Virginia 22, Cloquet 20, Two Harbors 17, Cambridge 15, Foley 15, North Branch 12, Aurora-Hoyt Lakes 8, Grand Rapids 8, Duluth Central 8, Princeton 8, Milaca 0.

100

- 1 Maurice Stephens, East 11.0
- 2 Dave Mickelson, Hibb 11.1
- 3 Dale Paakkonen, Virg
- 4 Chris Anderson, D-MP
- 5 Scott Johnson, CL
- 6 Chris Germain, IF

200

- 1 Maurice Stephens, East 22.7
- 2 Dale Paakkonen, Virg 23.0
- 3 Scott Claffin, D-MP
- 4 Todd Reasoner, TH
- 5 Scott Wruck, Fol
- 6 Chris Anderson, D-MP

400

- 1 Todd Lewis, East 49.3
- 2 Dale Paakkonen, Virg 50.3
- 3 Rod Behm, Proc
- 4 Scott Wruck, Fol
- 5 Brian Spehar, Central
- 6 Scott Claffin, D-MP

800

- 1 Todd Wallenfeldt, Hibb 1:58.0
- 2 Don Joyal, Proc 1:59.1
- 3 Mike Ostrowski, East
- 4 Rick Schultz, Camb
- 5 Mark Falk, TH
- 6 James Flashberger, A-HL

1600

- 1 John Wodney, Cloq 4:24.3
- 2 Todd Wallenfeldt, Hibb 4:24.3
- 3 Marty Urich, A-HL
- 4 Tony Jacobson, Hibb
- 5 Blaine Novak, Fol
- 6 Derrick Poirier, SF

3200

- 1 John Wodney, Cloq 9:37.7
- 2 Joel Holman, D-MP 9:40.1
- 3 Phil Alban, GR
- 4 Glen Largent, Proc
- 5 Derrick Poirier, SF
- 6 Floyd Zylka, D-MP

110 High Hurdles (39")

- 1 Jim Luff, CL 14.5
- 2 Jeff Dahman, SF 14.6
- 3 Bob Dalske, SF
- 4 Ken Voss, Proc
- 5 Sheldon Johnson, TH
- 6 John Rakos, East

300 Intermediate Hurdles (36")

- 1 Jim Luff, CL 38.6
- 2 Brian Loisel, Proc 39.5
- 3 Jeff Dahman, SF 39.6
- 4 Bob Dalske, SF
- 5 Bovitz, Hibb
- 6 Ken Voss, Proc

4x100 Relay

- 1 Duluth East 44.1 (S Bradley, K Paulson, D Mahle, M Stephens)
- 2 Hibbing
- 3 International Falls
- 4 Chisago Lakes
- 5 Proctor
- 6 Saint Francis

Sprint Medley Relay

- 1 Proctor 3:35.5 (M Massessa, B Loisel, R Behm, D Joyal)
- 2 International Falls
- 3 Duluth Central
- 4 Denfeld-Morgan Park
- 5 Grand Rapids
- 6 Cambridge

4x400 Relay

- 1 Chisago Lakes 3:28.9 (S Johnson, M Nelson, J Luff, R Duncan)
- 2 Duluth East
- 3 Proctor
- 4 Hibbing
- 5 International Falls
- 6 Foley

* Ties Meet Record

** New Meet Record

Shot Put

- 1 Kurt Zuidmulder, Hibb 51-1.5
- 2 Jim Hamalainen, IF 50-0.5
- 3 Kevin Carlson, CL
- 4 Ed Bahr, IF
- 5 Jim Weller, Proc
- 6 Jim Upton, D-MP

Discus Throw

- 1 Keith Hasselquist, CL 153-10
- 2 Kurt Zuidmulder, Hibb 153-9
- 3 George Gerrard, Prin
- 4 Wayne Roberts, IF
- 5 Scott Bennett, D-MP
- 6 Kevin Carlson, CL

Long Jump

- 1 Dave Mickelson, Hibb 22-6.5
- 2 Scott Jean, IF 20-8.5
- 3 Sean Bradley, East
- 4 Jim Sellman, TH
- 5 Andy Harrington, NB
- 6 Dave Gelinau, D-MP

High Jump

- 1 John Sandgren, CL 6-5
- 2 Rod Zimbeck, SF 6-4
- 3 Wayne Roberts, IF
- 4 Ty Ross, Foley
- 5 Bob Peterson, CL
- t6 Dave Gelinau, D-MP
- t6 Ed Bahr, IF

Pole Vault

- 1 Tom Siverhus, Camb 13-4
- 2 Andy Olson, CL 12-8
- 3 Dave Craine, CL
- 4 Greg Hanson, IF
- 5 Tim Bovitz, Hibb
- 6 Joel Fellbaum, TH

Triple Jump

- 1 Andy Harrington, NB 43-10
- 2 Dave Mickelson, Hibb 43-5
- 3 Jim Sellman, TH
- 4 Andy Olson, CL
- 5 Dave Gelinau, D-MP
- 6 Mike Anderson, A-HL

Notes: